



# St. Paul's Anglican Church

*Opening Hearts and Minds to God's Grace*



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## **NEW MEMBER INFORMATION**

- ◆ Church Leadership and Roles
- ◆ Welcome
- ◆ Ministry Information
- ◆ Volunteer Opportunities

7 Sunmills Green S.E. Calgary, T2X 3P6

**Phone:** 403-256-1428

**Email:** [office@stpaulscalgary.ca](mailto:office@stpaulscalgary.ca)

**Web Page:** [www.stpaulscalgary.ca](http://www.stpaulscalgary.ca)

**Facebook:** <https://www.facebook.com/stpaulscalgary>

**X (Twitter):** @stpaulscalgary

**Instagram:** [stpaulsangelicalcalgary](https://www.instagram.com/stpaulsangelicalcalgary)

## **SERVICE TIMES:**

Sunday: 10:00 a.m.

Wednesday Morning Prayer: 9:30 a.m.

Our 10:00 am Sunday Services can be shared in-person or online — live streamed on our website and YouTube. To access Services on our website, please click on the Sermon tab in the top right hand corner of the home page.

## INCUMBENT

The Rev'd Tony Hilling

## ASSISTANTS

The Rev'd Dr. Norman Knowles

The Rev'd Cyril Haynes

The Rev'd Betty Nadurak

## PARISH COUNCIL MEMBERS 2024

**People's Warden:** Cam Cline

**Incumbent's Warden:** Ingrid Bolton

**Deputy People's Warden:** vacant

**Administration:** Paul Bourgeois

**Christian Education:**

**Communications:** Paul Bourgeois

**Community Connection:** Cec Sparrow

**Hospitality:** Laura Anne Fink

**Maintenance:** Muiy Ekomwenrenren

**New Members:** Robbie Coller

**Pastoral Care:** Betty Nadurak

**Outreach:** John L'Ecuyer

**Stewardship:** vacant

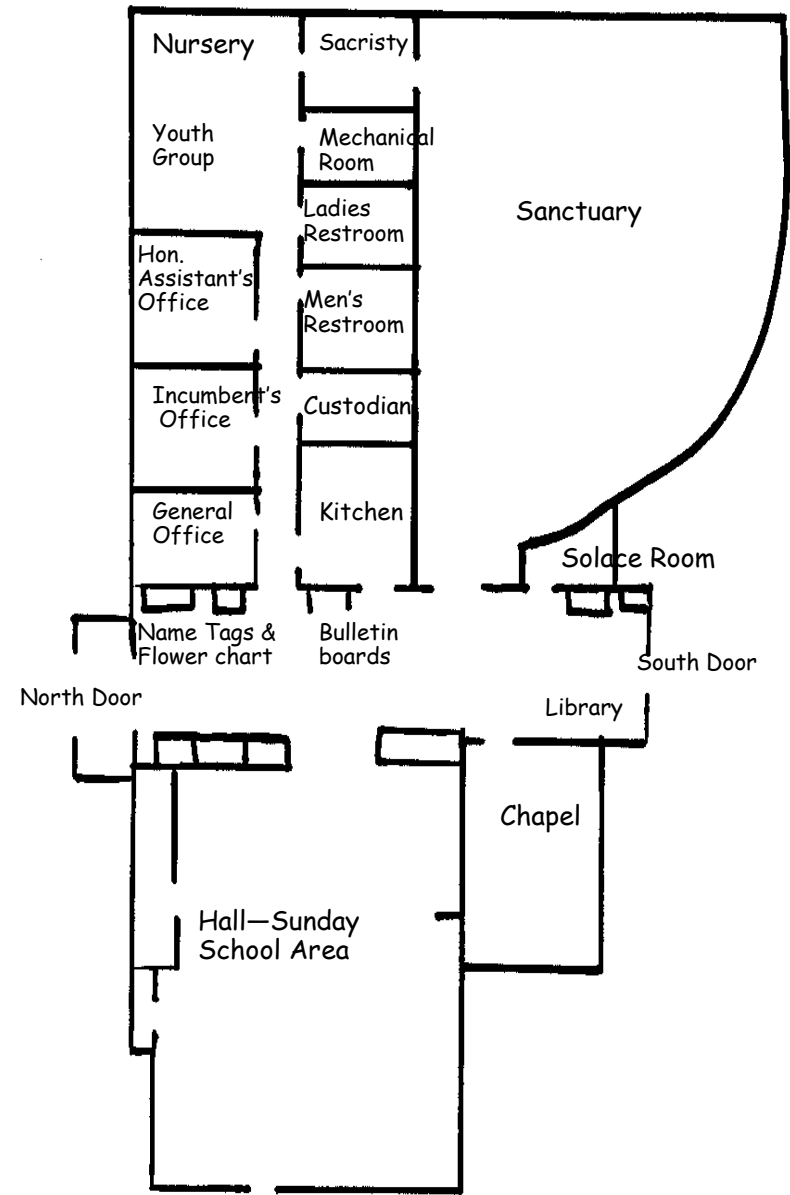
**Sunday School:** Kerin Spaargaren

**Worship:** Dinah Breu

**Youth:** Cheryl Scott

**Member at Large:** Tracy Griffin

## **St. Paul's Anglican Church**



# OUR HISTORIC CHAPEL



Our historical chapel in Midnapore, built in 1885, is one of the oldest buildings in Calgary, and a Provincial Heritage Site. It is wonderfully preserved due to the effort of the Midnapore Church of England Society.

Services are held at the chapel occasionally through-out the year, as well as for weddings, baptisms and funerals. To access the chapel, please contact our Parish Office 403-2561428.

For more information about our historical chapel in Midnapore, please visit the Midnapore Church of England Society (MCES) page on our website.

## TREASURER

Ingrid Bolton

## ENVELOPE SECRETARY

Debra Brisban

## SYNOD DELEGATES

Cec Sparrow  
Heather Johnson,  
Backup: Kathleen Robinson  
and Barb Leinweber

## MCES DIRECTORS: Neil Brown

Kerry Peters  
Paul Bourgeois

# PARISH MINISTRIES

## CHRISTIAN EDUCATION

Adult Education (Tony Hilling)  
Anglican Fellowship of Prayer (Dinah Breu)  
Bible Studies (Tony Hilling)  
Nursery (Cheryl Scott)  
Sunday School (Kerin Spaargaren)  
Youth (SPY) (Cheryl Scott)

## COMMUNICATIONS: Paul Bourgeois

Church Sign (Paul Bourgeois)  
Community Advertising (Chizoba Ezeani)  
Living Waters (Chizoba Ezeani)  
Social Media (Chizoba Ezeani)  
Weekly News Bulletin (Chizoba Ezeani)  
Website (Paul Bourgeois)

**HOSPITALITY:** Laura Anne Fink

Ladies Bag Luncheon (Gloria Ford)  
Men's Breakfast (Paul Bourgeois & Kerry Peters)  
Secret Friends (Julie Wilson)  
Sunday Coffee Time (Laura Anne Fink)  
Hospitality Fundraising (Steve Colle)

**MAINTENANCE:** Muyi Ekomwenrenren

Church Building & Grounds (Muyi Ekomwenrenren)  
Gardens (Wanda Neal-Yorke)

**MUSIC:** Paul Bourgeois

Music Group (Paul Bourgeois)  
Handchimes (Annette Pingot)  
St. Paul's Stringers (Paul Bourgeois)

**OUTREACH:** (John L'Ecuyer)

Community Connection (Cec Sparrow)  
Father Lacombe Care Centre Fridays (Kerry Peters)  
Food Bank (John L'Ecuyer)  
Homeless Shelters & Agencies (John L'Ecuyer)  
Pioneers of Paul (POP) (Laura O'Neill)  
PWRDF (Doreen Peters)  
AgeCare Seton (Tony Hilling)

## **MORE INFORMATION**

**ALTAR FLOWERS:** Parish Office

If you would like to donate flowers for the altar please see the sign up poster in the hall. Please add your name to the poster on the available date you would like and then fill out a form provided below the poster. You can place your donation in the collection plate prior to the date you have chosen, or send an e-transfer. Please be sure to clearly mark your donation as being for Flowers. Anyone is welcome to participate.

**ST. PAUL'S IS A SCENT-FREE PARISH**

We try to be scent-free out of love and respect for those whose health is threatened by fragrances. May we ask your co-operation in avoiding wearing to church, perfumes and after-shave, perfumed hairsprays, etc. Many thanks.

**HEARING DEVICES**

If you have trouble hearing the service, please see one of the sidespeople or the sound person for a hearing device. We have several available.

**BAPTISM**

If you are interested in Baptism, please contact the parish office. Baptisms are usually during the 10:00 a.m. Sunday service, but other arrangements are possible. Preparation classes will be required.

**CONFIRMATION**

Confirmations take place once a year. Please contact the church office if you are interested in Confirmation.

**WEDDINGS**

If you are planning a wedding at St. Paul's, you must contact the clergy for an interview to set the date and to find out about preparation classes.

# **STEWARDSHIP MINISTRIES**

Christian Stewardship is a way of life and involves all of us and all that we have. Our Stewardship plan is called Year-Round Stewardship. This way we will be focusing on all aspects of Stewardship: Time and Talent, Treasure and Environment. Anyone interested in assisting with this ministry is encouraged to contact the Parish Office.

**ENVELOPES:** Debra Brisbin envsecretary@stpaulscalgary.ca

Envelopes are available from the church office. If you would like donation envelopes, please mark the box on the newcomer cards available in the pews or from a sidesperson. The envelopes with your name on them will be available by the name tags at the north door.

## **ALTERNATE WAYS TO DONATE**

To donate electronically, the preferred method is by e-transfer. Please use the email gift@stpaulscalgary.ca

No password is needed. To help our Envelope Secretary, please include your envelope number in the message.

You can also donate via our website

(<https://www.stpaulscalgary.ca/donate>).

This is a completely secure system, with the highest level of PCI compliance.

We can also set up direct deposit. For the form, go to our website, type "Donation" in the search box, and click on "Pre-Authorized Donations."

## **PASTORAL CARE:** Betty Nadurak

Casserole Ministry (Linda Hubert)

Greeting Card Ministry (Lynne Valentine)

Grief Support Group (Laura Anne Fink)

Cancer Care Bags (Laura Anne Fink)

Pastoral Care Team (Betty Nadurak)

Father Lacombe Care Centre Sunday Eucharist (Kathleen Robinson)

New Members (Robbie Coller)

Quilt/Prayer Shawl Ministry (Laura Anne Fink)

Prayer Group (Dinah Breu)

Sunday Prayer Team (Dinah Breu)

## **STEWARDSHIP**

Annual Stewardship Campaign

Envelope Secretary (Debra Brisban)

## **WORSHIP:** Dinah Breu

Altar Guild (Barb Leinweber)

Counters (Roxie Hall)

Greeters (Roxie Hall)

Lesson Readers (Robbie Coller)

Prayer Ministry (Dinah Breu)

Prayers of the People (Dinah Breu)

Sacramental Assistants (Ed Mullaney)

Servers (Cheryl Scott)

Sidespeople (Suzanne Wray)

Music Group (Paul Bourgeois)

Audio Visual Technology (Paul Bourgeois)

## **WELCOME TO ST. PAUL'S**

Whoever you are and wherever you are on your journey of faith, you are welcome at St. Paul's. You are warmly invited to share in our worship and life as God's community. If you are new to St. Paul's, introduce yourself to the greeters and our clergy. Join us for coffee after the services. There are visitor cards in every pew. Please complete one and place it on the offering plate, or give it to one of the clergy, or a member of Parish Council or hand it in at the Parish Office.

## **OUR MISSION**

The mission of St. Paul's is to live out God's love as revealed in Jesus Christ. With God's help, we strive to:

- ◆ **Discover** Christ's presence in word and sacrament,
- ◆ **Deepen** a sense of Christian community,
- ◆ **Share** God's word,
- ◆ **Nurture** God's people,
- ◆ **Encourage** congregational and personal growth on our shared journey
- ◆ **Act** on God's call for peace and justice.
- ◆ **Build** the Foundation for tomorrow's Church

## **CASSEROLE MINISTRY:** Linda Hubert

This ministry provides casseroles to families or individuals who are in need of support during an illness or crises in their lives. A group of volunteers provide casseroles, which are frozen until they are needed. If you are interested in helping make casseroles or if you know of anyone who would benefit from this ministry please contact the Parish office. The casseroles are kept in the big freezer by the front door. If you would like to contribute a casserole or know someone who needs one, please help yourself.

## **GREETING CARD MINISTRY:** Lynne Valentine

This ministry is a parish outreach to those who are ill, have suffered a loss, are in need of support, or have had a special or joyous event. A card from the parish is sent out to let the individual or families know that their St. Paul's family is thinking of them. At this time one person takes care of this ministry. If you know of anyone who would benefit from this ministry please contact the Parish Office.

## **GRIEF SUPPORT GROUP:** Laura Anne Fink

This is open to anyone who may be grieving from a death, loss of health or the break-up of a relationship. It is also open to anyone from the community you don't have to attend St Paul's. If you are interested or you know of someone who maybe interested please contact the parish office.

## **FATHER LACOMBE CARE CENTRE:** Kathleen Robinson

A Reserved Eucharist service is held at the Father Lacombe Care Centre in Midnapore on Sunday afternoon every four weeks, hosted by our clergy and volunteers. Volunteers are needed to assist residents in getting to the chapel, as well as finding the correct page for the lyrics for the hymns we sing. This service an uplifting experience for the residents who attend and is an important way to serve our community.

# PASTORAL CARE MINISTRIES

## PASTORAL CARE TEAM: Betty Nadurak

The purpose of this ministry is to help everyone feel cared for and loved as part of our Parish family. We don't want anyone to "fall through the cracks," and feel that no one knows or cares. This taking care of each other can be done informally, checking on each other. It can also be done more formally as part of the Pastoral Care Team — the ministry of human presence. Special training is available. On behalf of the congregation, the team members contact those in the parish in whatever their own circumstances, so that Jesus Christ can be present and bring healing, compassion and understanding.

It is a ministry requires someone who is willing to be present, and actively listening to the person, but not counselling.

If you have a Pastoral Care need, or if you would like to learn more about becoming part of this ministry, please contact Betty or the Parish Office.

## QUILT/SHAWL PRAYER MINISTRY: Laura Anne Fink

This group meets the third Wednesday of each month from 1 p.m. to 3:00 p.m. The purpose is to make quilts or shawls to be given to those who are sick or have suffered a loss — or also in times of celebration. The quilts and shawls are a way of wrapping each person in prayer to let them know that they are in God's keeping and are loved. If you know of anyone who would like to receive a shawl or quilt please let us know at the Parish Office.

## NEWCOMERS: Robbie Collier

Welcoming newcomers to St. Paul's is a multi-step process that we hope begins with a warm greeting from the parishioners they sit beside. Once they have filled out a newcomer's card, a personalized welcome letter and other materials are sent and phone contact will be made if requested.

St. Paul's is a parish within the Diocese of Calgary, one of 30 dioceses within the Anglican Church of Canada.

The Anglican Church of Canada is a part of the worldwide Anglican Communion, a fellowship of 80 million members in 100 countries.

- ◆ **We are welcoming** yet not high-pressure.
- ◆ **Firmly rooted** in the faith of Jesus and in the life of prayer and worship, while encouraging individual thought and interpretation.
- ◆ **Seeking to serve Christ** in all persons and places — our homes, schools, work and in the community.
- ◆ **Working for justice** and peace among all people, respecting the dignity of every person and loving our neighbours as ourselves.
- ◆ **Willing to openly discuss** any issue in a non-judgmental spirit.
- ◆ **Eager to greet you** just as you are, and invite you to join us on a joyous journey with Jesus.

## WORSHIP SCHEDULE

### **10:00 a.m. Contemporary Eucharist**

Our main Sunday service is a lively contemporary language Eucharist with music, Nursery, Sunday School and a special prayer team.

**Wednesday Service:** 9:30 a.m. Morning Prayer.

## COMMUNION

We invite everyone to the Lord's Table. To receive the Bread, extend palms, crossed and upward; when offered the chalice, please assist in guiding it by holding the bottom edge with your thumb and fingers. If you prefer, you may receive only the bread or the wine. We believe Christ is fully present in either element. If you prefer to not receive the Sacrament, you may ask for a blessing in the traditional manner of crossing your hands over your chest.

## **WORSHIP MINISTRIES**

*To contact ministry leaders please contact the Parish Office by phone 403 256 1428 or email: [office@stpaulscalgary.ca](mailto:office@stpaulscalgary.ca)*

### **ALTAR GUILD:** Barb Leinweber

Members of the Altar Guild prepare the church for worship services by setting out and then cleaning up the communion vessels, polishing brass, arranging or setting out flowers, replacing candles, marking Bible and Altar Book places and keeping the linen washed and ironed.

The volunteers work in rotation, which turns out to be about once a month. Set-up can be done Friday or Saturday as suits your schedule. During the Christmas and Easter seasons there are extra shifts, which are covered on a volunteer basis. There are two meetings a year, at which time all members get together to discuss issues, idea, and the future while getting to know each other and keeping aware of the importance of this group.

New members are needed - male or female - as many hands make light work. If interested in this quiet, behind-the-scenes ministry to our community, please contact Barb or the Parish Office at 403-256-1428 .

### **SIDESP PEOPLE:** Suzanne Wray

At every service one or two people are needed to hand out leaflets, make people feel welcome and comfortable, count the congregation, collect the offering, take up the bread and wine for communion, usher the congregation up for communion and refill the cardholders in the pews.

It requires arriving early on your assigned Sunday to ensure everything is ready, and tidying up before closing the doors after the service ends. Each new sidesperson is given a leaflet detailing duties and help from experienced sidespeople. To volunteer, or for more information, please call Suzanne or the Parish office.

### **GREETERS:** Roxie Hall

The Greeters come about a half hour before the service. The job requires a smiling face, a warm greeting for those arriving, and helping newcomers find name tags and giving them general help. This ministry doesn't require much time but it is very important.

### **HOMELESS SHELTERS AND AGENCIES:** John L'Ecuyer

There are a wide variety of ways we assist many community organizations each year. Several times a year we collect clothing, shoes, toys or small household (dishes, towels, bed linens, etc.) items. We also deliver leftover food from events to the Calgary Dream Centre several times a year. Thank you.

### **FATHER LACOMBE CARE CENTRE SING -ALONG:** Kerry Peters

On Friday mornings there is a Sing-Along for residents of the Father Lacombe Care Centre in Midnapore hosted by St. Paul's volunteers. Volunteers are always appreciated.

### **PIONEERS OF PAUL (POP):** Laura O'Neill

This youth group focuses on spreading God's love into our wider community by volunteering together at various Calgary organizations. Please see Youth Groups category for more details.



# OUTREACH MINISTRIES

## OUTREACH COMMITTEE: John L'Ecuyer

This committee is charged with helping fulfil our congregational desire to try to assist in providing for people's basic needs such as food, shelter, clothing, safety, healthcare and belonging.

The committee has the responsibility of disbursing 10% of the annual church budget to other charitable organizations.

It also oversees a wide variety of opportunities to support multiple charities throughout the year by gathering donations of food or clothing etc., as well as creating volunteer service opportunities in the community.

The more volunteers we have, the more good works we can do.

Please let us know if you are interested in volunteering in this ministry.

## FOOD BANK

Year-round there is a box by the main south entrance to collect donations of non-perishable items for the Calgary Food Bank.

When there are five Sundays in a month, that Sunday is specially designated as Food for Others Sunday to draw attention to this ministry.

## PWRDF: Doreen Peters

The Primate's World Relief and Development Fund is an organization of Canadian Anglicans "committed to a vision of international development and global justice that is founded on theological reflection and a faith based analysis." ([www.pwrdf.org](http://www.pwrdf.org))

The PWRDF (which is in the process of transitioning to a new name: Alongside Hope) is active in many areas internationally and in Canada: development work, emergency situations, refugees and education. If you are interested in learning more about PWRDF or becoming involved, please contact Doreen Peters.



## AUDIO VISUAL TECHNOLOGY: Paul Bourgeois

The screen ministry enhances the visual experience in worship through the use of the Sanctuary screens. This ministry supports the music and worship by ensuring appropriate volume levels while minimizing feedback and other disruptions. People working the soundboard need to arrive at least 20 minutes before the service to set up lapel and hand-held mic as necessary and to set the sound level for the pre-service music. Throughout the service, it is important to anticipate the need to turn mics on and off and to adjust volumes. The board is labeled to make this job easier and first-timers will work with veterans during the service to become familiar with the board's operation. This ministry is not only required for Sunday services but also for other services such as weddings and funerals and other occasional special events.

## SERVERS: Cheryl Scott

Those interested in serving must be in Grade 6 or older and go through some training. The time commitment is small, with you arriving about 20 minutes before the service and staying through the service. The schedule is made up about six months at a time.

## SACRAMENTAL ASSISTANTS: Ed Mullaney

Each Sunday at the 10:00 a.m. service, two people are needed to help at communion by administering the chalices. This is such a joy, and if you think it is something that might interest you please contact the Parish Office. Training will be provided.

## LESSON READERS: Robbie Coller

The requirements for this ministry are the ability to read clearly and slowly in front of a group of people. The schedule is made up well in advance and you are given your reading to prepare. The time commitment is the amount of time you need to prepare and to be at the service early on your scheduled day.

## COUNTERS: Roxie Hall

The counters work in teams to tally and record in-person donations each week. Teams work on a rotating preset schedule.

# **PRAYER MINISTRIES**

## **PRAYERS OF THE PEOPLE FOR SERVICES:** Dinah Breu

Taking a turn to lead the prayers of the people each Sunday morning is a labour of love for a small group of parishioners. If you feel that this is a ministry for you, please get in touch with Dinah at 403-256-1684. Training is offered and guidelines are provided for those who do this.

## **PRAYER TEAM ON SUNDAYS:** Dinah Breu

The Prayer Ministry is a confidential ministry that is in place to provide brief prayer (not counselling) to individuals who desire prayer for themselves or for those close to them. Prayer Teams are available in the chapel most Sunday mornings during and after Communion. Prayer Team members are appointed by the Rector. Each member of the team has covenanted to maintain confidentiality. Each member is fully aware that they are channels of God's peace and love to others and are not operating in their own strength. Everyone who participates in this ministry has been deeply touched and is thankful that it is the Lord who provides the words.

## **PRAYER CHAIN:** Dinah Breu

The Prayer Chain is a confidential, compassionate, caring ministry. Everyone who is involved in this ministry believes in the power of prayer, and that God is in charge of all our lives, because He loves us.

The time commitment for the Prayer Chain varies depending on the need. It works by prayers being passed down a chain of people and then these people lifting the prayers in their own time privately at home.

If you are interested in joining this group or would like more information, please contact Dinah.

## **LADIES BAG LUNCH**

**Contact:** Gloria Ford

The Ladies Bag Lunch takes place on the second Saturday of every month at 11:20 a.m. Please bring your own bag lunch, drink, cutlery and plate to wash at home. Whether you're bringing a friend, meeting a friend, or making a new one, all women ages 13 and older in the Parish are warmly invited to attend.

## **MEN'S BREAKFAST**

**Contacts:** Kerry Peters & Paul Bourgeois

We have joined forces with our friends at St. Peter's Calgary for this monthly event. The men from St. Paul's and the men from St. Peter's take turns preparing the breakfast. St. Paul's hosts the breakfast in January, March, May, July, September and November and at St. Peter's (903 75th Ave. S.W.) in February, April, June, August, October, and December. We meet for our breakfast on the third Saturday morning of the month from 8:30 a.m. until 10:30 a.m. This is a fellowship time for all men of the Parish. All age 13 and over are invited! Come a bit early and enjoy a cup of coffee before we begin.

## **SECRET FRIENDS**

**Contact:** Julie Wilson

The Secret Friends group begins and ends each year at an annual Ladies Christmas Party. Names are submitted and then names drawn for your Secret Friend. This name is known only to you and the co-ordinator. You are given information on your Secret Friend so you know the dates of anniversaries and birthdays. During the year you leave gifts or notes for your Secret Friend on the gift table at the south door and you will receive gifts from your Secret Friend. These gifts are small tokens of friendship and should not be expensive. This is a fun way of letting someone know they are being thought of and prayed for during the year.

# HOSPITALITY MINISTRIES

**Contact:** Laura Anne

The goal of this ministry is to give a generous welcome for our guests and those who are new are to us by providing support, being reliable, sensitive and kind.

The Hospitality Ministry consists of several different types of gatherings such as Ladies Bag Lunch, Men's Breakfast, Fellowship & Food Group, and Secret Friends, as well as several other events throughout the year. We always need volunteers to help out in any way they can, from setting up tables to providing food to share or washing dishes. If you would like to contribute time to such a rewarding ministry, contact Laura Anne. This is a wonderful way of getting involved in the parish as well as having fellowship and meeting new people.

## COFFEE TIME — SUNDAY

**Contact:** Office

This ministry requires time on Sunday morning as well as some preparation time beforehand. There is a sign up sheet on the board by the kitchen door. You may sign up for any number of times you would like, i.e. once a month, every other month or once a year.

This job requires you to set up for coffee before the service by getting the coffee brewing, setting coffee cups, cream and sugar on the trays and providing any sweets if you would like. After communion, you will need to come out and set everything up in the hall area, make the tea and at the end clean up. There is always help around so you are not on your own.

## PRAYER GROUP: Dinah Breu

The main purpose of the Prayer Group is to under gird the Parish with prayer .

We meet:

Second Monday of each month in person at 1:30-2:30 p.m.

Fourth Monday of each month via Zoom from 7:30- 8:30 p.m.

The group has found a pattern that works well for us. When we arrive, we share any requests with each other. We take turns leading (only if one is comfortable doing so). The leader begins the prayers and then others pray for the various needs and requests that have been brought to us. It is not necessary to pray aloud. Prayers in this group are not formal (as in Sunday Services), but are more in line with what Rosalind Rinker's book called "conversational prayer" - having a conversation with the Lord. The leader signals that Prayer Time is coming to a close by leading the group in the Lord's Prayer after which we say "the Grace." Responsibility for the group is shared by all its members. We do not have a "leader" as such. *Confidentiality is our only rule. We do not discuss prayer requests outside the group with anyone, anytime.*

*Everyone in the parish is welcome to attend. You are welcome to come to see if it is for you, to come on a drop-in basis, or to come for prayer for yourself. We would be more than happy to have you join us. Even if you have never belonged to a prayer group, it is still alright to come!*

## Our Worship Is...

- **Biblical.** *Each service contains four scripture readings, one each from the Old Testament, Psalms, Epistles and Gospels. Much of the rest of the service is taken directly from the Bible.*
- **Sacramental.** *We believe that God is actively present in the world and in us. In the sacraments we realize God's presence and favour towards us. Through the sacraments our sins are forgiven, our minds are enlightened, our hearts stirred and our wills strengthened. The two primary sacraments are Baptism and Eucharist. Other sacraments are Confirmation, Ordination, Holy Matrimony, Reconciliation of a Penitent, and Unction or anointing of the sick.*
- **A Celebration of God's Love** *Our service is an act of remembrance of the mighty acts of God on our behalf throughout history; makes God's presence an immediate and personal reality; fosters unity and community with all God's people and equips us to serve God in the world.*
- **Highly participatory.** *The clergy and congregation share together actively in prayer and response throughout the service. Participation in our Eucharist is open to all who are baptized.*
- **Poetic in Nature.** *Words, music and actions produce reverence and beauty as well as relevance and community.*
- **Both Ancient and Modern.** *The basic forms of our services were in place by the third century. Although they have undergone many revisions since then to meet the needs of different times and places, we value tradition and our connection with those who preceded us in faith. Our worship is thus both catholic and reformed.*

## LIVING WATERS: Chizoba Ezeani

Living Waters is our monthly newsletter. It contains articles from different ministries, upcoming events, a calendar of events and other items of interest.

Anyone can submit items for the newsletter. Watch the bulletin for the deadline for submissions.

## CHURCH SIGN

**Contact:** Paul Bourgeois

The message on our sign on Sun Valley Blvd, needs to be changed occasionally. We would like to change it more often, but need volunteers to help. If you can assist, please contact Paul.

## MAINTENANCE

### CHURCH BUILDING & GROUNDS: Muyi Ekomwenrenren

We are always looking for people with special skills to help with various problems that surface at the church in ...

- plumbing
- electrical
- appliance repair
- odd jobs

... just to name a few. If you have skills which could be helpful and you are willing to share, please let us know so you can be added to our contact list.

Other opportunities to help with maintenance are: lawn and garden maintenance and spring and fall clean up.

### GARDENS: Wanda Neal-Yorke

Beautifying our garden and seating areas is important both to our congregation and to our neighbours who make frequent use of the benches. Help is always needed to maintain our garden areas — particularly with weeding and clearing away garbage.

This ministry also provides the beautiful pots the welcome us at our entrances.

## COMMUNICATION MINISTRIES

**Contact:** Paul Bourgeois or Chizoba Ezeani

This committee is open to anyone who has an interest or ideas on how to increase our visibility to the community. We look at signage and how we communicate with the communities around us. We need to find out what is needed in the community. If you have an interest in this area and would like to help, please let us know at the Parish Office.

**BULLETIN:** Chizoba Ezeani

Our weekly bulletin of events is available as a printed version on Sundays as well as online each week on our website. It provides a roundup of upcoming special activities and services, regularly scheduled activities and other Parish news. To submit information to the bulletin, please email the Parish office by Tuesday.

### **COMMUNITY ADVERTISING**

We advertise in several community newsletters before major events. The Diocesan website also has a page for St. Paul's which has our service times and location.

**SOCIAL MEDIA:** Chizoba Ezeani

Join us on the St. Paul's Facebook page (stpaulscalgary) where we can stay connected and updated on all the exciting things happening at our church! It's a great place to share uplifting videos, songs and quotes, and to encourage one another in faith. Plus, it's a wonderful way to connect with those who may not yet be part of our Parish family. Be sure to spread the word, like and follow our page, and visit often to stay in the loop!

You can also follow us on X (Twitter) @stpaulscalgary.ca

Or on Instagram at stpaulsanglican Calgary

**WEBSITE:** Paul Bourgeois webmaster@stpaulscalgary.ca

Our website is [www.stpaulscalgary.ca](http://www.stpaulscalgary.ca)

Have a look. Bulletins and Living Waters are posted here, as well as recording of services, information about our parish and a listing of events so you can check out what's going on at any time.

## MUSIC MINISTRIES

**MUSIC GROUP:** Paul Bourgeois

**Purpose:** To provide music and music leadership for our worship services. The choir leads the music throughout the year at the 10 a.m. Sunday service, as well as other special seasonal services such as Christmas and Holy Week, and takes a 4-6 week summer break.

**Practice:** Typically, our practices are held Thursday evening at the church at 7:30 pm. Our practice sessions are normally about one and a half hours long.

**Materials:** We ask you to bring your voice and enthusiasm. (There is a brief audition) The ability to read music would be an asset but is certainly not required. The music is provided and Sunday selections are e-mailed to the group a few days before practice.

**Fellowship:** We try to get together as a group with our spouses a couple of times a year for some relaxation and fellowship.

**COFFEE HOUSE:** Paul Bourgeois

Come and join us for our bi-monthly evening of song featuring our own St. Paul's Stringers. There will also be an open mic available. This is a family-friendly event.

**HAND CHIMES:** Annette Pingot

St. Paul's has a three-octave set of Suzuki Tone Chimes that needs a group of 11-15 people to make them ring. The 'Ding-a-Lings' have played at Thanksgiving, Christmas Eve, Easter, Pentecost and Baptism services, as well as performed for fund-raising events.

First-time chimers will be given an orientation session before their first practice. The orientation will cover the basics of ringing and dampening techniques, counting and the format of our colour-coded music. No prior formal music training is required, although it is useful. Practices begin about six weeks prior to the event date and are scheduled for one hour at times that are convenient to the ringers.

Come have fun with the 'Ding-a-Lings'!

# CHRISTIAN EDUCATION

## ADULT EDUCATION

### ***Wednesday Morning Bible Study***

This facilitated Wednesday morning Bible study group meets at 10:15 a.m., after the 9:30 a.m. service and runs until 11:30 a.m. Some of the group attends the service while others come for the study only. You may bring your own Bible or use one from the church. All are welcome and no previous experience is needed. For more information, contact the church office 256-1428.

### ***Wednesday Evening Bible Study***

The Wednesday evening bible study is via Zoom at 7:30 pm. To join this group please contact the Parish Office for the link.

## SUNDAY SCHOOL

**Contact:** Kerin Spaargaren

The purpose of our Sunday School is to provide meaningful opportunities for all participants, both students and volunteers, to learn and grow in their faith and develop their relationships with God and community.

Sunday school is available at the 10:00 a.m. Sunday Service. Parents or guardians are asked to register their children.

We are using the Virtual Church School curriculum offered by the Anglican Church of Canada. The link is on our website.

For those joining us online, this is the same material we have been using in-person. Please fill out a registration form so we know that your children are participating online. Registration forms can be sent to the Parish Office via email or post. We hope that this will provide greater continuity for our Sunday School students as we move closer to a hybrid church model.

If you choose to continue worshipping with us on-line, or if you know in advance that your children will not be able to attend in-person on an upcoming Sunday, and you live within Calgary, please let me or the Church Office know and we will try to get any handouts, crafts, etc., to you.

No matter how you join us in worship, we want you to feel you are fully part of the St. Paul's family.

If you are interested in helping or would like to register your child for classes please contact the Parish Office.

## NURSERY

**Contact:** Parish Office

This ministry is offered to children not yet old enough for Sunday School, including the Sundays in the Summer. You are welcome to join our Nursery Ministry Team. You must have a love of children, be at least 13 years of age, and (if you're not an adult) have a babysitting course.

## SPECIAL STUDY GROUPS

There are other special Christian Education studies available throughout the year. Please contact the church office for details.

# YOUTH GROUPS

We have two exciting opportunities for the youth of our parish:

## PIONEERS OF PAUL (POP)

**Contact:** Laura O'Neill

We are a group of junior and senior high school students who are working together to bring God's love into our wider community by volunteering together at various Calgary organizations. Come and make a difference in our world! Gain experience and build your resume at the same time! Dates for gatherings are based on the volunteer opportunities. Visit the St. Paul's website or see the weekly bulletin for more information on upcoming activities.

## ST. PAUL'S YOUTH GROUP (S.P.Y)

**Contact:** Cheryl Scott

This youth group meets the first Friday of each month and offers an opportunity to be yourself, make friends and have some fun. There will also be special events planned throughout the year to support the congregation.

See the St. Paul's website or weekly bulletin for more information.