

Youth Group

Calling All Junior and Senior High Students To Become Youth with a Difference!

Youth Bible Study every Sunday morning.

March 23 Swim night at Southland Leisure Centre. Drop off and pick up will be at the leisure centre. Meet at SLC at 7:00 pm. Pick up is 10:00 pm. Remember to bring a friend, your suit, a towel and change for the lockers or snacks.

Need to contact the leader? Janne can be reached through the Parish Office.

Check out our Youth Group Facebook page to see more details about what's happening: www.facebook.com/StPaulsCalgaryYouth.

A silent retreat for ladies will be held at Mt St

Diocese and Community Events

Francis Retreat Centre in Cochrane the weekend of March 23-25. The theme is Encountering the Sacred: Intimacy with God. For more information or to register, please contact Teresa at 403 329 8967 or Jane at 403 854 3543.

Images of Spirituality: Ecumenical Women's Gathering April 6 - April 8 2018 at Entheos Retreat Centre. The theme is Holy Women Inspired by God. Come and learn from the stories of Holy Women from the past and allow yourself to be encircled by God's love, to pray, meditate, adventure into art, writing, music, dreams, visions. Session Leader is Shirley Cunningham, MA, MSW, LCSW, a visionary artist and author of *Chasing God*. and *Kissed by God: Holy Women Create!* Worship Leader is Rev. Julia Kimmitt. Julia has been in ministry for 24 years in Calgary and Okotoks and has taken mission teams to Africa and Dominican Republic. More information and registration forms at www.imagesofspirituality.ca
Contact Barb Romain 403 272 1950

The Cathedral Poppy Project: 2018 marks the 100th anniversary of the end of the First World War. The Cathedral has undertaken a project to focus attention on the occasion as we remember those who lost their lives. The aim is to knit or crochet thousands of poppies that will be displayed on the outside of the Cathedral during the weeks preceding Remembrance Day. If you

would like to help in this venture please contact the Cathedral office for information by email: office@anglicanecathedralcalgary.ca.

All Saints' Clothing Give Away: April 1st is when they start collecting clothes for the give-away. People can bring them to the church any-time between 9a - 3p Tuesday to Friday. May 1st to 4th is the week we sort. May 5th from 10am to 1pm is the clothing giveaway. That would be awesome if 6 people from our Parish could help out with sorting, and then another 2 to 3 people to help out on Saturday.



The St. Paul's Ladies Lunch group may look like a few ladies getting together to share some tasty treats in the form of a potluck lunch once a month. But it is actually so much more.

It is common for parishioners to only get to know others who attend the same St. Paul's services or groups as themselves.

But the Ladies Lunch group brings all ladies together the first Saturday of each month in a fun, casual setting. Inevitably the lively discussion shared by this diverse group lets us learn more about each other, our families and our extended church family.

A few members have established a reputation for providing something delicious each month. But the culinary-challenged and/or those with store-bought offerings are cheerfully embraced as well.

Sometimes there are more formal presentations with guest speakers. We are always open for suggestions.

But mostly it is a chance to get to know each other, and care about each other, and support each other.

The result is our simple lunch becomes a feast and former strangers become our friends.

Financial News

January 1 to January 31, 2018

Our deficit to the end of January is \$6,480, our deficit was \$3,332 to the same period in 2017. We pray that our income in February will more closely meet our expenses.



St. Paul's News Bulletin

March 11, 2018



Parish Events

Today: Laetare Sunday and Mothering Sunday. Join us for Simnel cakes after the services.

This Evening Sunday, March 11: Celtic Service and Creation Group Art session at 7:00 pm. Everyone is encouraged to come for a time of quiet reflection!

Sunday, March 18: St. Patrick's flavour and Triple C at 10 am.

Holy Baptisms: Please contact the Parish Office if you would like to have your child Baptized or you would like to be Baptized. The next scheduled Baptism is on Sunday, April 8.

Sunday School & Monthly Clean-up: If you are interested in helping in these two ministries please speak with a Warden or call the Parish Office. Sign-up sheets are now in the Hall.

Fellowship and Food Group: If you are interested in being a part of this group for the second session, May to August, please see the forms in the Hall or speak to Robbie Collier for more information. It is a great way to get to know others in our Parish family!

Pancake Supper: We had about 75-80 people attend (a bit fewer than previous years) but the supper was enjoyed. Thanks to all who came and those who helped. After expenses had been paid we donated \$85.00 to the Food Bank, which is also lower than in previous years. However, we gave \$52.00 of food to Calgary Dream Centre, \$27.50 to CAWST and we purchased a second griddle (\$50.00) for the church. All in all a good evening. Happy Lent, Kerry.

Remember at the Annual Parish Meeting a new way of having coffee time after service was proposed? Well it is about to become a reality in a few weeks and we are excited! An email has gone out this past week explaining the new system and there are copies available today for those who don't have email or aren't on the email list yet. We are aiming for April 1 as a start date - any questions please contact

Robbie Collier.

Lenten Study: *The Renegade Gospel: The Rebel Jesus* by Mike Slaughter: A study that challenges believers to come to terms with the real Jesus—the rebel Jesus whose cross of love turns the world upside down—or right side up! On Wednesdays at 10:30 am or 7:30 pm. So far, 16 are participating and we'd love to have more! **Resumes March 21.**

Holy Week: Monday, March 26 — 7:30 pm Visio Divina; **Tuesday, March 27** — 7:30 pm Service of Compline @Historic Chapel; **Wednesday, March 28**—No 9:30 am Service; 7:30 pm "Tenebrae" Service of Lights; **Thursday, March 29—Maundy Thursday;** 7:30 pm — Holy Eucharist/Foot Washing/Stripping of the Sanctuary; **Friday, March 30—Good Friday** 9:00 am — Stations of the Cross for Families / Craft / Hot Cross Buns & 11:00 am — The Liturgy of Good Friday / Reserved Sacrament Holy Eucharist

EASTER Saturday, March 31 8:30 pm — The Great Easter Vigil, Renewal of Baptismal Vows, Incense/Holy Eucharist; **Sunday, April 1—Easter** 7:12 am — Sunrise Easter Morning Prayer Service @Historic Chapel; 8:30 and 10:00 am — Holy Eucharist at St. Paul's

Fergus, Gail, and Alyssa want to thank everyone for their loving support as they grieve the passing of Fergus' Father.

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Incumbent: The Rev'd Fergus Tyson
Assistants: The Rev'd Cyril Haynes
The Rev'd Dr. Norman Knowles
The Rev'd Dr. Bob Mummery
The Rev'd Charles Alexander
Wardens: Rick Collier & Murray Sykes
Pastor's Postings: pastorfergus.wordpress.com/
Facebook Page: [stpaulscalgary](https://www.facebook.com/stpaulscalgary)
Twitter: @stpaulscalgary & @Pastor_Fergus

Outreach

PWRDF – In for the Long Haul:

One of the fundamental principles of PWRDF's relief work is that it commits to its projects for the long term. For example, in E. Africa, our help goes beyond disaster relief. As part of an international group of faith-based organizations, we are focusing on the root causes of the food crisis, exploring durable solutions for conflict resolution and good governance, and also working towards strengthening preparedness to respond to such famines.

Mittens, gloves, toques, and coats for the homeless who come to Sheldon Chumir without adequate winter ware. (where Gina Hoey works)

NeST Update

Help Wanted: to assist the Al Jawi family in **vehicle shopping**. They are looking for a reliable used car for a family of 6 within their budget. They have some preliminary ideas about make/model but have requested assistance navigating what is locally available and the purchase process (including an inspection). NeST can help connect across the language barrier if needed. Please contact Jennifer Solem if you are able to help with this.

AgeCare Seton: The next service will be, Monday March 19 at 10 am. Thank you to Heather Johnson, Verna Alexander and Leona Zadour for participating in this ministry. If you would like to be a part of the team going please contact Fergus. Thanks, also, to Charles Alexander and Bob Mummery, for leading when Fergus can't be present.

Inreach

With many in our Parish congregation going through financial struggles at present due to the economy, a special fund has been set-up. Donations marked "Financial Help for Parishioners" are also welcome. If you are in need of financial help, or know of someone in our Parish who is (and you have their permission), please let Fergus know. He will maintain absolute confidentiality. This is one way we can care

for one another, and all get through this challenging time together. Thank you to everyone who has donated to this fund, which presently sits at approximately \$200, with \$3,800 having been disbursed.

Room for Rent Needed: Kathy a 53 year old non-smoking female is looking for a room to rent in Calgary. If you can help please contact the Parish Office.

Pastoral Care

Prayer Shawl Ministry: *I am hoping to get our Prayer Shawl Ministry meeting once again. If you are interested in being apart of this ministry please meet with Laura Anne after the service on Sunday, March 18 in the Chapel room.*

The Pastoral Care Ministry is going to be assembling some Chemo Care Bags for members of our congregation who are battling cancer and going through chemotherapy. Each bag costs about \$100 to assemble....so if there is anyone out there who feels led to support this project please make donations to the Chemo Care Bag ministry.

Anyone having questions about this labor of love please contact Robbie Coller.



Welcome

A word to newcomers and visitors: St. Paul's welcomes you and invites you to make this your church home. Please indicate on a pew card, located in the pew racks, how we can help you feel part of the family. Please place the card on the offering plate or hand it to one

If you are a newcomer, please sign our guest book which is on the stand by the sanctuary doors

Opportunities to Serve

Coffee Time: The sign-up schedules for coffee after our Sun. Services are posted in the hall. Please consider offering your gifts of hospitality.

Prayer Chain Requests: *After many years of coordinating our Prayer Chain, Val Murray has stepped down. Thank you Val for your faithful service in this vitally important ministry.* For the interim please contact Dinah Breu with your prayer requests.

Casserole Ministry: If you know of anyone who would benefit from receiving a casserole. Please contact Linda Hubert.

Cards Ministry: Gail Munro will send greetings on behalf of our parish to anyone in the parish who is ill, etc.

Living Waters Sunday, March 25 is the deadline for *Living Waters* submissions for the April Edition. Please submit to office@stpaulscalgary.ca or by hard copy to the office.

If you love God and love children we'd love you to consider serving in our Sunday School. You can contact Linda Penton.

Rides Assistance: If you need or can help provide rides for members who have a hard time

getting to services, appointments or visiting their loved ones, please contact the office.

Sign: We'd like to change the sign more regularly, but to do this we need helpers. If you can help, please contact Paul Bourgeois or the Office.

We're thinking about bringing back our popular Movie Nights at St Paul's. If you'd like to be part of a "Movie Night Team" to organise these, please contact Murray Sykes or the Parish Office.

Anyone willing to operate the screens and sound system at the 8:30 service, please contact Fergus. Training will be provided.

Help Needed: We are looking for someone with a small trailer to help Gerald move the branches and stumps from the fir trees that were taken down. If you can help please contact Gerald or the Parish Office.

Nursery: We are in great need of volunteers for our Nursery. We are happy to have adults and Youth (with or without a babysitting certificate) volunteer. We need to have 2 volunteers each Sunday. We have many young families who would benefit from this ministry. If you are able to volunteer please contact Laura Anne at the Parish office.

Art Classes: We are looking for donations of **pieces of tanned leather, natural or coloured, at least 14" X 9"** for the final project (midori style art journals) of the Celtic Creation Group. The weight required is approximately 2mm thickness (although we could make 1mm work by adding a lining). Also, if you have any unwanted **watercolour paints, elastic cord (any colour) , metal grommets or assorted buttons and beads** that would also be appreciated. Your support is much appreciated. Finally, for Margaret Anne's personal printmaking and for a project for next year's Creation group, she is looking for **old wallpaper sample books with textured or embossed wallpaper samples or textured upholstery sample books.** She would be happy to make a small donation to the church in return. Thank you! Please contact Margaret Anne Knowles and then the donation could be left in a bag with Margaret Anne's name on the gift table

Weekly Activities at St. Paul's:

Mon. Evening: Bible Study resumes soon

Prayer Group: 7:30 pm

Tues: Young at Heart 1 to 3 pm

Wed.: Holy Eucharist - 9:30 am

(Grey Booklet 1st to 3rd, BCP 4th, and Celtic 5th Wednesdays.)

Lenten Study: The Renegade Gospel 10:30 am or 7:30 pm resumes March 21

TOPS: 6:30 pm

Après EFM : 1st and 3rd 7:00 pm

Choir practice from 7:30 to 8:30 p.m. (If you'd like to join the choir, please contact Paul Bourgeois)